## Claims

## What is claimed is:

1	1. A topical composition designed for application to the scalp, said composition
2	comprising, in admixture with a pharmaceutically acceptable carrier and
3	minoxidil, and one or more of the following:
4	a.) saw palmetto extract;
5	b.) nettle root extract;
6	c.) Capsaicin;
7	d.) Niacin;
8	e.) Gingko Biloba;
9	f.) horsetail extract;
10	g.) phospolipid;
11	h.) glycerol oxide esters;
12	i.) cyclodextrin;
13	j.) ketoconazole;
14	k.) ursolic acid;
15	l.) polysorbate;
16	m.) 1,4,3,6 dianhydro-2,5,-di-o-methyl-D-glucitol;
17	n.) peppermint oil;
18	o.) silica;
19	p.) milk thistle; or
20	q.) methyl nicotinate.
1	2. The topical composition of claim 1, wherein said composition comprises a
2	pharmaceutically acceptable carrier, minoxidil, nettle root extract, capsaicin,
3	niacin, and horsetail extract.

1	3. The topical composition of claim 2, wherein minoxidil comprises about 1
2	percent to about 5 percent, nettle root extract comprises about 1 percent to about 3
3	percent, capsaicin comprises about 0.5 percent to about 2.5 percent, niacin
4	comprises about 0.5 percent to about 2.0 percent and horsetail extract comprises
5	about 2 percent to about 4 percent, by weight, of said composition.
1	4. The topical composition of claim 2 further comprising methyl nicotinate.
1	5. The topical composition of claim 4, further comprising phospholipid.
1	6. The topical composition of claim 1, wherein said composition comprises a
2	pharmaceutically acceptable carrier, minoxidil, nettle root extract and
3	phospholipid.
1	7. The topical composition of claim 6, wherein minoxidil comprises about 1
2	percent to about 5 percent, nettle root extract comprises about 1 percent to about 3
3	percent and phospholipid comprises about 2 percent to about 8 percent, by weight,
4	of said composition.
1	8. The topical composition of claim 1, wherein minoxidil comprises about 1
2	percent to about 5 percent, by weight, of said composition.
1	9. The topical composition of claim 1, wherein said pharmaceutically acceptable
2	carrier is water, glycols, esters, alcohols, lipids, or combinations thereof.
1	10. The topical composition of claim 9, wherein said pharmaceutically acceptable
2	carrier is a mixture of isopropyl alcohol and glycerine.

1	11. A topical composition designed for application to the scalp, said composition
2	comprising a mixture of minoxidil, saw palmetto extract, and nettle root extract.
1	12. A topical composition designed for application to the scalp, said composition
2	comprising a mixture of ketoconazole; and saw palmetto extract or nettle root
3	extract, or combinations thereof.
1	13. A topical composition designed for application to the scalp, said composition
2	comprising a mixture of ursolic acid; and saw palmetto extract or nettle root
3	extract, or combinations thereof.
1	14. A dietary supplement comprising minoxidil, saw palmetto extract, and nettle
2	root extract
1	15. The dietary supplement of claim 14 further comprising one or more of the
2	following components:
3	(a) niacin;
4	(b) vitamin B6;
5	(c) folate;
6	(d) biotin;
7	(e) panthothenic acid;
8	(f) iodine;
9	(g) zinc;
10	(h) pumpkin seed concentrate;
11	(i) Ginkgo biloba;
12	(j) fo ti root;
13	(k) L-histidine;
14	(l) aloe vera gel;
15	(m) gotu kola leaf;

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16	(n) sage leaf;
17	(o) Hawthorne berry;
18	(p) bovine extract;
19	(q) sulfur; or
20	(r) silica.
1	16. A kit for stimulating hair growth comprising a container having the
2	composition of claim 1 disposed therein and instructions for use.
1	17. A method of stimulating hair growth in a patient comprising obtaining a
2	composition according to claim 2, and administering said composition to said
3	patient's scalp.
1	18. The method of claim 17, further comprising co-administering, orally, the
	dietary supplement of claim 14, wherein co-administering occurs prior to,
2	
3	concurrently, or subsequent to said administering said composition.